

# THE HOUR

## SoNo's Maritime Garage Gallery winter exhibit sows 'Seeds of Peace'

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*Photo: Maritime Garage Gallery / Contributed Photo*

*"I Rise," by Shanan Haislip, is featured in "Seeds of Peace" at the Maritime Garage Gallery in Norwalk December 10 through February 29.*

If the holiday season has you stressed, you might want to take time to stop by the Maritime Garage Gallery in Norwalk's SoNo section for its winter exhibit to experience a sense of calm.

The works of art featured in the gallery's "Seeds of Peace" exhibit embrace the senses of peace and serenity. The exhibit runs Tuesday, Dec. 10, through Saturday, Feb. 29.

“Seeds of Peace” features the works of 28 artists from around the region, including Mark Schiff, of Norwalk; Jennifer Prat, from Fairfield; **Julie O’Connor, of Weston**, and Shanan Haislip, of Terryville. Nadia Martinez has curated the exhibit.

“We want this exhibit to be a sort of haven or respite for people from the craziness of life,” Martinez said. “All the pieces inspire harmony, tranquility, generosity and calmness.”

#### More Information

The Maritime Garage Gallery, 11 N. Water St., Norwalk. Mondays-Fridays 9 a.m.-5 p.m. Free. 203-831-9063, [www.norwalkpark.org/public-art](http://www.norwalkpark.org/public-art)

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